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To Living With
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Karen Marshall explain what DID is and provide a clear account of its underlying causes and symptoms.

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It f6 Amongst Ourselves

is a journey that people

with DID can undergo

in order to heal. Loved

ones of people with

DID, if they choose to

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be involved in the journey, will also grow and develop a greater understanding of the person with DID. One thing that is important to remember is that DID is about survival.

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trying to make up

reasons about why I had

the flashbacks,

memories, continuous

nightmares.

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Alderman

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ourselves and well written. It is helpful for family, friends and individuals with DID."

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Amongst Ourselves by
Alderman, Tracy
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Alderman, Tracy;
Marshall, Karen,
L.C.S.W. Publication

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date. 1998. Topics.

Multiple personality,
Multiple Personality
Disorder, Multiple
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personality. Publisher.

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She has decades of
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Alderman is a leading
expert in the field of self-
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Ending Self-Inflicted
Violence* , and co-author
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