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counselling skills as part of their role. Counselling skills are used by professionals and volunteers to help others in a wide range of circumstances and settings - including health care, social work, education and agencies, which provide specific advice and support to the public.

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Core Counselling Skills 1.

Attending. Attending in counselling

means being in the company of

someone else and giving that

person your full... 2. Silence.

Silence in counselling gives the

client control of the content, pace

and objectives. This includes the...

3. Reflecting and Paraphrasing. ...

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Basic Counselling Skills : A  
Helper's Manual, Paperback by  
Nelson-Jones, Richard, ISBN  
1473912997, ISBN-13

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9781473912991, Brand New, Free P&P in the UK This practical bestseller from leading expert Richard Nelson-Jones introduces the essential counselling skills for the helping professions.

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The Second Edition of Basic Counselling Skills: A Helper's Manual is written as a straightforward, step-by-step guide to support the training and practice of all those people who use counseling skills as part of their role. Short and accessible chapters discuss base principles of the helping relationship, then follow through universal counseling skills drawing upon a range of experiential ...

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