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Healing with Ki-Kou: The Secrets of Ancient Chinese ...

The author of Healing with Ki-Kou: The Secrets of Ancient Chinese Breathing Techniques is Dr. Li Xiuling. She is a Traditional Chinese Doctor whose ancestors have been practising medicine for the last 800 years. She was educated by her family in Chinese traditional and herbal medicine, and 'chi.' Which is the vital energy force of all life.

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