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is chief wellness officer at the
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RealAge series of books.

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Summary by Michael F. Roizen et al.

You: Staying Young: The Owner's Manual for Extending Your Warranty. Hardcover – Oct. 30 2007. by Michael F. Roizen (Author), Mehmet Oz (Author) 4.2 out of 5 stars 230 ratings. Book 4

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young male passer-by and a
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